

Eggspounding on Living Conditions

Together Bill Hickman and our "Flock Doc"-Bicknell, have over 127 years of poultry "eggspereience." Our first quarter cover story answered a question directed to our website and incoming calls about chickens in cages. We are applying the highest Scientific Standards to improve and extend our hen lives, to avoid injury and disease, while supplying the freshest and safest eggs. Our family's and your's depend on it. The two sibling viewpoints although explained differently, focused on food safety for the consumer, while taking the best care of our hens. By the way, Clint's was the most popular version.

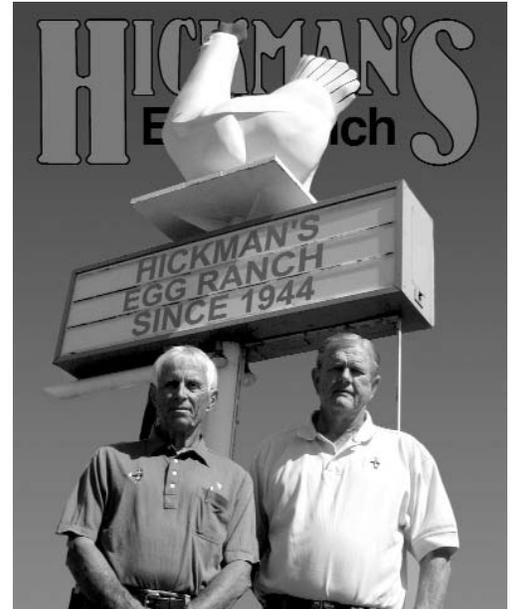
The naked truth is that hens out of the cage are very susceptible to parasites, and other diseases both external and internal. As commercial production became more efficient in the latter 1950's

thru the late 60's, drugs were actually used to combat these diseases and parasites. When hens were moved to wire cages, over 75% of all hen health care problems were eggstinguished.

"I started taking care of my Mom's hens while I was in High School in the early 1940's. It was very apparent what disease and parasites could do to a perfectly healthy chicken on the ground. Everything was much better when the hens were moved to wire cages. It was at that time that we could concentrate on keeping them comfortable, happy, and stress free. We have heard concerns about a "factory" or "laboratory" setting. Our view is that by addressing her every need and minimizing her stress, she lays the closest to nature's normal ovulation rate as possible." Bill Hickman.

"It has been very interesting listening to reports of veterinarians in England who

have experience with free-range layer operations. There are incidences of both bacterial and parasitic diseases that are not seen in cage layer systems in this country today. Stress associated conditions are also more of a problem with free-range birds as compared with cage layers. We provide our hens with state of the art living conditions, well-balanced feed rations made up of the best quality grains and other natural minerals that money can buy. As Bill has already mentioned, poorly housed birds will not lay to their natural potential." Dr. Ed Bicknell, DVM.



Left Wing: Dr. Ed Bicknell
Right Wing: Bill Hickman, Sr., age 76.
One of the few times left & right wings agree

Its obvious that on planet Hickman, a cage condo is preferred. I guess Clint summed it up best, "Birds of a feather flock together."



Farm Team

Thanks go to Barbara & Esther Brady for not eggs-cluding Hickman's for sponsorship for the grandslam kickoff of the 1st Maricopa Little League. A teen trumpeter played the National Anthem,

Paul DeLuca, Sr. gave a motivational speech, and the Color Guard appeared. Good luck Sidewinders and Coach Chavez!



Name and place all 4 Brother's Hickman and get our Summer Fun pack! email shickman@hickmansegg.com! Picture circa 1967

Kids Coop

Our Humpty Dumpty Story has a happy ending!

Robinelle Schroder and friends with the Rural Metro Fire, S.A.D.D., Native Air, and Phoenix Police Department eggspanded our safety message to celebrate our 3rd Annual Wildlife Zoo Egg Safety Drop and Banner Trauma Eggspo! The Chick Gang Original Members and some new Chicks were Adult Team Captains, supervising

their toddler and preteens to a safe landing in the lagoon. Bailey Miller, Taylor Rendell, and Jordan Bango, “JR. Chicks” directed participants to the safety event. This year over 45 kids participated in the Egg Drop and over 75 kids got a chance to meet the professionals that respond to emergency situations. Esther Rodriguez, Chick Gang member, flew the coop to ride in the Native Air Helicopter. We are pleased to report she was back safely on Monday. A couple of Chick Gang

members gathered 40 jars of baby food, 2 cans of soup, 2 boxes of Rice Cereal, and a can of chicken for donations to the Phoenix Day School.

Cackle for a Quarter?

(eggsplanation: we print quarterly, this area was so popular that we had 75 cents worth)

If a rooster lays one egg on a roof, which side will it fall off? Neither; a rooster can't lay eggs. Hatched by Bailey Miller

What is the name of the world's oldest kamikaze

pilot? Sargeant Chicken Teriyaki. Eggs-clusive from Clint Hickman

Why did the runt hen not wear cologne? She was afraid it had a pecking odor. Fly by Lisa Hickman

Top those triple yolks next quarter, send to shickman@hickmanseggs.com mand get our Hickman fun pack for your efforts! Paul Sauder's was too feather ruffling

EGGNITER News & Feather Ruffling Topics

by George Bango



Thank you for the comments I have received from our last newsletter. Taking two extra minutes in the morning to make yourself a healthy breakfast can make your exercise regimens more effective. If your body is being fueled correctly, it makes a big difference. We are already hearing great comments about our healthy start breakfast program at

our Glendale office. We hear the Chick Gang will be welcoming some new walkers for the Banner Estrella Health Walk, January 8th, 2005. Frank Carpena who is new to the “pecking order” wants to increase his strength and get back to the shape he used to be. Looks like someone doesn't want to fit into a small size t-shirt! We hope to see all of you at the walk, or the Egniter will crack you up!



Grade AA Partners

(for egg-novices, Grade AA is the highest quality egg)

Hickman's Fine Feeds and Hickman's Egg Ranch have treasured our partnership with the Glendale Historical Saguaro Ranch Society. On June 22, the foundation presents the movie the “Egg and I.” Immediately following the movie, Sharman and Gertie Hickman will present Hickman's Egg Ranch, making history. Sorry Mr. Harkins, no popcorn, but we did bring our Chocolate Eggs-n-Bacon from Cerreta's.

Eggcellent Customer/Eggceptional Mention

“I didn't know that Albertson's offered Golden Yolks, so I will start shopping there,” Janel Rogers, that discovered her French Toast looked incredible after using the Golden Yolks. We wish to thank Shaun, Dairy Manager, and the rest of Scott's staff at the Albertsons' on Dysart and Indian School. They supplied the eggs that were used for the

3rd Annual Egg Safety Drop. I used all the eggs for breakfast and had to borrow a half case for the event! We have a friend at Bashas' and Albertson's is truly our store for eggs. Those tag lines aren't just for commercials!!!!

What's Cookin'?

El Gato en el Sombrero, or Le Chat auChampeau, Multi-cultural delish, dish!

Howard Helmer, the American Egg Board's Egg Genius, salutes the Cat in the Hat's 100th Anniversary, with a new spin on Green Eggs and Ham: You can try it alone, or in Rome, but preferably right here in your Arizona Home!

Arizona Power Omelet: While the twin Chef Brothers' McCarthy from Bamboo Club, Red Fish, and Pointe Tapatio's

Grace Karr, were using Ostrich and Emu eggs, Howard Helmer, sped along with 12 Hickman hen eggs, a Food City 16” tortilla, chopped ham, grated cheese, finely diced fresh spinach and cilantro, Ranch Market's Pico de Gallo, and in less than two minutes, he had ameal for 6!



EGG-KNOWLEDGEMENTS+



Cystic Fibrosis Foundation, on behalf of the Hickman Chick and Rooster Walk Gang New members: Firstlady of farming, Janel Rogers, Sharon Harper, Cam Hunter, Shireen Swagel, Cody Swagel, Clint Hickman, Glenn Michael Hickman, Melissa & Kaitlen Worley, Michele

& Tiffany Rivchin, Yolanda Vasquez, Arriana Garcia, Hunter & David Miller, Debbie Fais, Shannon Goldwater, and Sue Miller. Thanks to motivated fund raisers like Arlene and Melissa, this was a "Banner Event!" Ted & Jackie Disbrow, Jim & Kathleen Tolar, and Jim and Peggy Klinker, Maria Garcia, and Esther Rodriguez welcomed the new gang members. The newest beneficiary will be the Pediatric Center at Banner Estrella Medical Campus, some of the original Chick Gang Members voted on that while walking up to our Egg Safety Drop with Banner Good Samaritan. We also would like to thank Cindy Tecca, who organized the Race for the Cure Breast Cancer Run at Peoria Sports Complex on May 1st. She started her event with 45 dozen eggs cooked to perfection for the racers. Good health, starts with a nutritional breakfast, we'll ride this horse 'til it falls over!

Egg Hunts-Long Overdue

Thanks to Peggy Long and Meisha Howard, Hickman's is back in the game on Egg Hunts! The Phoenix Day School kids, "flocked" to pick up over 3,000 colored real eggs.



The Early Christians Like Them Deviled!

Grant, Audrey, and Michael Hickman provided the photos of one of our favorite Rooster's, Ed Nelson! Ed Nelson forwarded several photos and a very supportive narrative about our eggs. He referred to our eggs as the Cadillac of the egg industry. We are proud to announce that his church group of The Early Christians choose Hickman deviled eggs to those things with a hole in the middle! Although this Iowa farmboy discounts his eggspertise, he knows first-hand how they used to separate chickens according to gender. He also agrees on which came first the chicken or the egg. Arlet Nelson even pointed out how Ed's name is strikingly familiar to Egg.

Chick Gang Eggs-pands and so does the Nest Egg!

Chick Gang Member, Arlene Kulzer from Arrowhead Community Bank, ACB. The ACB was well represented by their generous donation to the Heart Association and the



New Egg Hunt - Pheonix Day School for the Working Poor

Coop Eggspanion

Another Original Chick Gang Member and her Rooster, weren't able to attend February's Heart Walk. Jason & Kerri Felix, welcomed their new little Rooster, Kolby Dean Felix, Congratulations! Kolby was the youngest present at our 3rd Annual Egg Safety Drop and Banner Safety Eggspo. Rumor is that he has already had breakfast at one of the Chick Gang's restaurants. KISS THE COOK.



Gayle Haro, showcases our eggs at Central Arizona College

Talk is "Cheep"

Thank you to Culinary Arts Teacher, Gayle Haro, for allowing us to showcase our eggs in her class at Central Arizona College. The speech centered on the fact that eggs are one multi-talented actor; they can be an ingredient, appetizer, star of the plate, and dessert!

Each student finished by cooking an omelet in 22-27 seconds. "If I had to take one food on a desert island, it would be eggs." Gayle Haro, Culinary Arts Professor at Central Arizona College and "Ova-Achiever" in Hospitality.

The editor wishes to mention that Gayle is a graduate of ASU!

Flying the Coop

Kayleigh Hickman, a 5th generation of Hickman kid is getting older! Kayleigh graduated from high school and is in San Diego, jiggling blenders for smoothies to earn college cash! Congratulations to her parents Matt & Jennifer Hickman.



An Egg a day is great for Earth Day

We wish to thank Patrick Trusty, Director of Ak-Chin Environmental Protection Department for allowing us the opportunity to support Ak-Chin's Second Annual Earth Day 2004. The message "Protect our Home-land, Air & Water for our Children."

Serving Arizona's Eggspoy

Thanks go to Catt White, Deborah Kuhkendall, Jeanne-Marie Hill, and a "host" of talented staff that eggspoyed the truth about eggs for their Easter issue. Its the "Dish" on what's for dinner, who's serving it up, and where to find it! For a free copy of the issue with eggs, email shickman@hickmansegs.com or debra@servngaz.com. In a related story, the results of the taste test are in and not surprising. It turns out that Glenn Hickman chose the Hickman eggs to Organic Eggs in every test. Jim Manos started out saying he could taste no difference. But then again he could. He blindly chose the Hickman eggs taste every time. That's NO YOLK or it's in the YOLK!



"Breaking News!" That is Ground Breaking News...

*Billy's MVP section will return next print.
By Billy Hickman*



Wes Field and Danny Gamboa are eggs-panding our young hen residential living spaces in Arlington. Fernando Hoenig and Billy are eggstending our egg laying homes in Maricopa.

The City of Maricopa is growing by 200 addresses per month, we've got that whipped with adding 300,000 homes for our happy hens.

Hatch Dates

April: Melissa Worley, Tiffany Pepe, Nadia Silva, Tom Silva

May: Dagoberto Ortiz, Kayleigh Hickman, Glenn Reed

June: Dr. David Miller, Shari Swagel & Howard Helmer, Angela Hunsberger, Mike Pacholke

Love Birds:

Anniversaries: Glenn & Audrey and Matt & Jennifer Hickman, George & Roxanna Bango.

New Nests: Congratulations on the new nests: Simin and Byron, Jude and Jill La Cava, and Jennifer LaVoie and Scott!

Editor Fowl Ups:

Correction on our Ringer in Golf, Bill Sr., shot a 76, his age, not a 74-oops-sorry Dad.

Correction in Hatch Dates, February listed Jennifer Bossack, It is now Jennifer Hickman, sorry little sister!

Egg Email/Ecard users

Maria, Congrats on your latest award! Well deserved. You are a very hard worker. Congrats and Good luck on your future plans. Thanks for being a wonderful friend!! **Kevie**

I've been buying Hickman's since I moved here in 1978 and would never buy any other! Thanks Again **Christina**

I used to make a monthly trip for fresh eggs from Yuma and I miss your store. **Ida Scheetz**

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